

FREE

SPECIAL INFORMATION ISSUE

FREE

VALLEY STAR

LOS ANGELES VALLEY COLLEGE

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MONICA LID / For The Star

Valley College Campus Police, here to serve you.

\$7 Ticket to Campus Life

ASU starts off new term understaffed, asking for student involvement.

By MONICA LID
OPINION EDITOR

The Associated Student Union (ASU) is the voice of the politically inclined Valley College student; an organization run by and dependent upon students.

ASU is the organization which stands up and fights to ensure that our tuition will not be raised; ASU takes a stand on political issues and does its best to protect student's interests opposite the Los Angeles Community College District and the California Board of Education.

By paying \$7 to join ASU, you will acquire a membership status in something more involved than a simple social club. Considering the benefits you receive, the \$7 is not much to pay considering the sums you have to pay for tuition and books. In return, ASU is able to represent the student body in the best way possible.

All members receive a variety of benefits ranging from free admission to many events arranged by ASU and additional discounts not only in the school cafeteria but also at local businesses including Sharkey's, the Oaks Health Center, and a 15 percent discount at Kinko's (across Fulton). That is not all.

By paying your ASU membership fee you also help to support different activities around campus such as free tutoring, library weekend hours, the biology lab, the Writing Center and the Learning Center. These services and centers are able to function thanks to support from ASU funds. These are, at the same time, facilities students should appreciate

See ASU, page 2

Take Class for You Not for Credit

By ADAM ADLER
NEWS EDITOR

Tired of the same selection of classes in the college catalog? Want to take a class just for fun and not worry about grades or credit? Would you like to set your own pace and pick a class that would be just for yourself?

Have you heard of the Community Service Program that is available here? With classes ranging from academics to recreation, the program has something to offer even the most particular taste.

The self-supporting program offers over 200 special interest classes, quarterly, to the public.

The Community Service Program offers open recreation sessions for various sports, a summer day camp for children and an Extension Program for career skills. Whenever possible, the Community Service Program offers travel programs and personal development seminars.

"What we offer is the not-for-credit classes, short term and special interest that the community is interested in," said Bobbie Boulton, community services project manager.

The program is very diverse, offering classes for both adults and children. It offers unique classes such as Accupressure Massage and Off-shore and Big Game Fishing. Sit-com Writing and Wire Wrapped Jewelry classes introduce a new skill or provide a starting point for the curious.

The Exercise and Dance sections have classes that are both familiar and those that come from all over the world including Tap, Flamenco, Low Impact Aerobics, and Tai Chi. Computer Skills classes tend to be small, about five to 10 people, resulting in participants gaining more from of the class. Some classes tend to be seasonal such as Ukrainian Egg

Decorating, which has its best enrollment about Easter season.

According to Boulton, some of the most popular classes are Dog Obedience, Stretch and Tone, Stay Fit for Mature Adults, Catering, Yoga, Tai Chi, Sign Language, How to Attract Customers and Conversational French and Spanish. Popular classes are Gymnastics, Reading Skills, Computer Skills, Dance and Personal Finances.

New classes are being offered every quarter. The upcoming Fall Quarter will be introducing classes in Makeup, Keyboarding, SAT Testing, Basic Math and English Review, Greeting Card Illustrations and Medical Front Office Management.

The Fall Quarter starts in mid-September so there is still ample time to register. Community Service Program catalogs are available on most of the pamphlet racks around campus or at the Community Service Office, located in the Field House Building on the east side of Ethel Ave. Registration can be done in person at the Community Service Office, through the mail, over the phone or by fax.

Registration begins August 23, for fax and phone-in (by credit card) and mail; September 3, for walk in. Classes can fill up very quickly or be canceled if there are not enough people to support the class, so registering early is highly recommended.

Whether you decide to take Royal Scottish Country Dance, Microsoft Office '95 or Video Camerawork's for Fun or Profit, you will be able to take a class in something that you have been wondering about or have been wanting access to.

This article has only scratched the surface of the Community Service Program possibilities. You can pick up a catalog and see for yourself what best peaks your interest.

Teaching Thru TV

By ELIZABETH RODRIGUEZ
VALLEY STAR STAFF WRITER

Your fall semester class schedule is all set and you are ready to attend school again. Then you realize you can not take a certain psychology class you need in order to graduate because the class meets right in the middle of your work hours. Your boss will not let you change your work hours, and all the other psychology classes are filled.

What can you do?

You can sign up for Instructional Television (ITV) classes.

Through ITV, students can take classes which can be viewed at home on KCET (channel 28), cable TV or rental tapes including English, geology, history, psychology and sociology. (The videotapes are available at most Los

See TV, page 2

Sooner or Later Classes Lead to The Bookstore

By ADAM ADLER
NEWS EDITOR

For new students it is an unpleasant surprise, returning students dread it. When the simple act of buying your books becomes a laborious task of waiting in line and scouring the countless shelves to find the right books, anybody can start to fear buying them. Though buying books can become difficult, knowing a few things can help you along the way.

In the first few weeks of the semester every student at Valley College goes to the Bookstore to get their textbooks. In the Bookstore they refer to this time as "Rush."

Not only are the lines long but the shelves can be confusing. Some books may be sold out or on late arrival and once you finally get to the register, you have to whip out your schedule of classes to be able to buy your books.

Some unpleasanties are unavoidable but David Dever, assistant manager at the Bookstore, had a few suggestions to make things easier.

The Bookstore tries to manage Rush every semester. Even with the extra registers open and temporary workers hired, the store becomes very busy, very quickly.

Dever recommends that students go to their first class meeting before buying their books. Then they can see if all the books are required or optional and if they are even going to continue the course. He also suggested trying to avoid the bookstore during the first two days of the semester because the worst crowds come at that time. Dever also said from 3 p.m. to 6 p.m. tends to be a lot less crowded in the store.

One major problem students have at the Bookstore is the requirement to present registration receipts when buying books. Dever wanted to emphasize that students bring their registration receipts to ensure that those students registered for classes have an opportunity to buy books.

Sometimes people on waiting lists buy books before registered students have a chance to buy them. If someone wants to buy a book when they are on a waiting list or when they do not have their registration, the Bookstore can not refuse them but they will write "No Return" on the book. They also require that registration be present for payment by check.

Continuing students may find the textbook section a little different than last semester. Nursing has been moved over four sections

See BOOKSTORE, page 2

The Cost Of Knowledge

Do you feel that you can't afford to go to college?

By REBECCA FOWLER
ENTERTAINMENT EDITOR

Most high school students graduate with a dream of going to college. Some students have their parent's financial stability to support them through college, and other students have scholarship awards to look forward to. Yet, there are still other students who have no idea how they are going to manage the financial responsibility of attending college.

Financial aid is money that is made available by federal and state governments or private sources through grants, loans and scholarships to provide eligible students with monetary assistance to meet the basic cost of educational expenses.

Students who need help paying for college have several possibilities to look into through the financial aid programs at Valley College.

Some of the financial aid programs include Federal grants; Federal Pell Grants, Federal Supplemental Education Opportunity Grants (FSEOG) Bureau of Indian Affairs Grants (BIA) and the State Government Grants: Cal Grant A, B and C.

To find out which of these grants you qualify for, complete a Free Application for Federal Student Aid (FAFSA).

Financial aid is available to make up the difference between a family's contribution and the student's academic expenses. Most financial aid programs do not cover the student's living expenses outside of school. The goal of financial aid is to help with the expenses of a college education.

The amount of financial aid is different for each student. Some of the determining factors are: The student has to make satisfactory progress maintaining a 2.0 cumulative grade point average. If the student is enrolled full-time, the student receives a full-time grant. If a student is enrolled half-time, the student receives a half-time grant. The student must also be eligible for financial assistance.

In order to be eligible for financial aid, a student must be a U.S. citizen or an eligible non-citizen. They must have proof of financial need, be enrolled in a specific number of units, show satisfactory progress in courses leading to an AA, AS, occupational certificate or transfer to a baccalaureate degree program. Students under the age of 18, who have not received a high school diploma or its equivalent, are not eligible for financial aid.

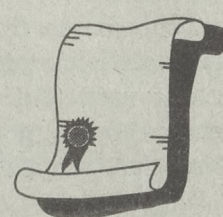
Students may also apply for a Board of Governors Fee Enrollment Waiver. The Fee Waiver offered by Valley College helps low

income students cover the enrollment fees for the academic year and for summer session. A student is eligible for an enrollment fee waiver if they are a California resident enrolled in at least one unit and qualifies as a student eligible for financial aid.

For more information regarding enrollment and what determines your enrollment status, students can get a complete financial aid package from the Financial Aid Office. Students can also get information from the Valley College Catalog available in the Admissions Office.

The Financial Aid Office is open to answer any questions students may have regarding eligibility for financial aid. They also assist in filling out forms and can give complete information regarding grants, loans, scholarships and other forms of financial aid.

To find out more about which type of financial aid best suits your needs and what each grant or loan entitles you to and whether or not you qualify for any of the grants, students should go to the Financial Aid Office located in Bungalow 14. Their Office hours are Monday thru Thursday 8:30 a.m. to 2 p.m.; Tuesday 4 p.m. to 7 p.m. and Friday 1 p.m. to 2 p.m.



Ticket to Campus Pay Now or Pay Later

The mysterious ticket

continued from front page

enough to feel obligated to aid in preserving their existence.

Last semester several changes were made to the ASU Constitution of 1991, so that this semester the incoming crew will have an easier task getting organized and therefore be able to concentrate on student issues rather than internal strife.

These changes resulted in a new rule expanding the elected term of an officer from one semester to one year (two semesters). The changes will ultimately benefit the students since the elects will now have more time to finish their improvement projects.

For this 96-97 school year, the ASU is being led by President, Gabriel Ruiz, Vice President, Patricia Tejeda and Treasurer, Jouse Kuy. ASU also consists of nine commissioners who represent various interests on campus.

Unfortunately, only one of the commissioner positions has been filled at press time, the first day of the semester. Students who feel they would be suited for a governing position can pick up an application in the Office of Student Services in CC100.

"One of our main concerns and responsibilities," says Ruiz "is to inform the students of what kind of issues are being decided in Sacramento, and ultimately, get them involved."

Ruiz also wants people to pay attention and actually care, so when they hear about school events they will show up.

"Another important issue," says Ruiz "is the election coming up on November 5. For it is a known but sad fact that the age group of 18-24 year-olds are responsible for the lowest rate of voter registration."

Another concern of ASU is to support the different clubs around campus by both encouraging students to join if they have a special interest and by donating seed money to be distributed by the Inter-Club Council (ICC) in order to give the clubs the start-up they need.

Ultimately, it comes down to one of Ruiz's main concerns: to acquire a strong membership and hands-on involvement so that he and his colleagues can effectively and successfully represent the student body on issues that affect our educational future.

By REBECCA FOWLER
ENTERTAINMENT EDITOR

The Fall semester begins and it is a hustle and bustle to get to class on time. You get to school with five minutes to spare only to be delayed because you cannot find anywhere to park. You look around and see cars parked in every corner of the parking lot, on curbs, even in the red.

Aha! At last you see a space you can squeeze your car into, even though it is near a curb painted red. Oh well. You take the chance and park there anyway. As the day ends, you make your way to your car to see if it is still safe, and no ticket has been given. You think, "Cool, I have nothing to worry about."

For the next week or so you do the same. Everyday you park your car wherever you can, in "No Parking" zones, in restricted areas, and even in the red. You are not worried though, because day after day you have been spared a parking ticket.

It is now the third week of school, you are set in your routine. Your main concern now is your class assignments. The last thing on your mind is getting a parking ticket.

At about 3 p.m. your school day is finished and as you approach your car you notice something on the windshield. What is it? A \$25 parking ticket! You are parked in the red. How could it be? You have parked there before, why the ticket now?

A simple explanation- in society there are rules and regulations

to follow. You cannot park your car in the red zone; you cannot park in a handicap space unless you have the proper placard; nor can you park in areas marked restricted. If you do not follow these rules, you will more than likely get a ticket.

In order to park in any of the lots on the school campus you need to have a Valley College parking decal. You have two weeks after the beginning of the semester to buy your parking decal and display it properly from your rear-view mirror.

During the first two weeks of school the parking lots appear overcrowded and because there is so much going on, the campus police are forgiving and do not issue citations. The officers are allowing everyone a chance to get their decals and find their way around campus.

"Since the majority of the classrooms are located by Lot A, students crowd that lot because of convenience," Campus Police Captain Karl Traber said. "For the most part, students are unaware that we have seven parking lots on campus."

By the third week of school, everyone has had an adequate opportunity to get the parking decal and properly display it in their rear-view mirror. Things are less hectic during the third week and everyone should be more familiar with the campus and college policies, including parking. The campus police are out patrolling more, making sure that everyone has their decals displayed. So if you are still parking just anywhere, do not be surprised to see a ticket for

parking in the red or on a curb, or any other infraction. After all, it is the discretion of the officer patrolling during the first two weeks whether or not they give you a ticket for violations other than your parking decal not being displayed.

"The officers are more interested in the students getting to class and learning the rules of the campus and putting extra energy into their education rather than having to worry about tickets during the first two weeks," said Traber. "But it's not an excuse to not know the school's policies, and this is why we are more lenient during the first couple of weeks."

If you do receive a parking ticket and want to dispute it, go to the campus police office located in Bungalow 59. If you feel that the citation was issued in error, you should request an Administrative Review immediately, this too is done through the campus police.

Knowledge is power. If you are unsure of something, make it a point to approach the proper authority to find out the information. If at anytime you need the campus police, just use any pay phone on campus and dial #30; it directly connects you to their office.

The campus police are here to protect and serve you. It is your responsibility to familiarize yourself with all the school rules, regulations and policies. You have two weeks to get your parking decal and display it on your rear-view mirror, if you receive a ticket for not having one, remember, you were warned.



Student Services

By ELIZABETH RODRIGUEZ
VALLEY STAR STAFF WRITER

There is a wide variety of students who attend Valley College, some of whom are disabled and may be unaware of the programs which are available for them. If you are a disabled student and need assistance moving around campus, need special equipment or need counseling, then joining the Disabled Student Programs and Services (DSPS) is what you are looking for.

DSPS was founded in 1972 by George Kopoular and since then, has provided assistance for students with limitations and disabilities. Valley College students with mobility problems, learning disabilities, visual and hearing impairments or any related disabilities can join. DSPS supplies students with counseling, college orientation, enrollment assistance, elevator keys, vocational guidance, adaptive parking permits, a learning disability assessment, special equipment and educational materials.

DSPS also has an adaptive physical education program for disabled students who need to meet the physical education requirements. The classes include aquatics, weight training, body conditioning and wheelchair basketball. This program involves the development of physical education by pinpointing the disabilities of the students and designing classes for them.

Students who wish to join DSPS can stop by the DSPS office located in Campus Center 100 or by calling (818)781-8542 for an appointment; students with a hearing impairment can call TTY (818)781-8423.

Television

continued from front page

Angeles Community College District campus libraries or learning resource centers. Classes can be taped from television and watched at the convenience of the student. There are also weekend campus meetings and monthly seminars which students may attend. Listings of classes and TV schedules are available with the registration form. Classes last a full semester, are 3 units each and all are UC or CSU transferable.

ITV also features new special programs. For example, "The Emerging Learner" can be seen on cable TV beginning August 26. This class helps students improve study techniques, time management and eliminating test anxiety. Another special program

named, "Crossroads Cafe" teaches English with an emphasis on social issues, word play and reading comprehension. A schedule of these classes are available at the ITV office located in Building 120 at Los Angeles City College, 855 N. Vermont Avenue.

Students attending any college in LACCD can take ITV classes by filling out a registration form available at the Admissions Office or by calling (800)917-9277 to receive a registration form.

Registration fees are \$13 per unit for California residents, \$125 for out of state residents and \$130 for foreign students. There is also a \$7.50 mandatory health fee.

Bookstore

continued from front page

because of an expansion in English. The new Cinema classes have their own section now which rearranged the shelves somewhat. Another change returning students will notice is colored tags on the shelves to help separate subjects.

To help alleviate some of the aggravations of Rush, the Book Store has arranged to have vendors out front and, if possible, street performers to give things a festive atmosphere. They will also be selling water to people line to provide relief from the heat. For students spending over \$100 there will be a raffle for a cooler and a pair of Gargoyle sunglasses.

In addition to books, the Bookstore is a licensed Macintosh dealer and is authorized to sell Macintosh computers at discounted prices. Currently they are offering a \$100 coupon for software with the purchase of a computer and printer. The store has worked with Apple to get a package of 15 software programs for the price of \$199. The store will even offer discount prices to Valley College alumni.

Though textbooks are the majority of sales, the Bookstore also offers a wide variety of other items. School supplies, greeting cards, batteries, recreational books, clothing, magazines, calen-

dars, and book bags are just part of the inventory. Older reference books that have just recently been changed to new editions are being sold at substantial discounts.

They also offer small toiletries that fit perfectly into gym lockers. Recently the store has been trying to add more nutritious snacks to its menu, including Power Bars and other high nutrition foods. They are also trying to offer more meals-on-the-go such as soup in a cup and crackers and tuna. They are also offering a free T-shirt or \$10 phone card with the purchase of an Outdoor Backpack.

The Bookstore sells a line of Valley College clothing, including hats and backpacks. They have currently updated the style of their clothing and have 12 new items for sale. Old items are now being sold at 20 to 40 percent off.

Bookstore hours for the first two weeks have been extended and are as follows: Monday thru Thursday 7:30 a.m. to 8:30 p.m. Friday 7:30 a.m. to 3:45 p.m. This Saturday (and only this Saturday) from 9 a.m. to 1 p.m.



STEP Up Enrollment

Drop classes in person or STEP until Nov. 22. Don't forget your refund!

By KELLI MORGAN
MANAGING EDITOR

To drop or add a class in person, you can go to the Administration Building and wait in line to change your schedule, then go to the Business Office (next to the Bookstore) for a refund. Or you can use the Student Telephone Enrollment Program (STEP) from the comfort of your home using a touch-tone phone. You will still have to go to the Business Office to get a computer printout of your new schedule and claim a refund if one is due, but I'm sure you will agree that one line is better than two.

If you do not have the luxury of a touch-tone phone, and you need to add a class that is not full, you can go to the Admissions Office in the Administration Building and pick up an Add Permit card. Take the card to the first meeting of the class and have the instructor sign the card. You must then return to the Business Office to have the card stamped by Admissions then take the signed, stamped card with your current registration receipt to the Business Office and pay any fees due for the class. After you have taken care of any fees

or refunds due to you, you will receive a new registration receipt of your schedule. Voila!

If you are put onto a waiting list for a class that is full, again go to the first meeting of the class and ask the instructor if they will add you. Usually instructors will add more students within the first and second weeks of school in anticipation of some students dropping the class. Once you have the instructor's signature on the card, follow the same instructions as stated previously when you have a signed card. Remember- it must be stamped by Admissions before going to the Business Office, this is where the two lines come in.

If you decide to drop a class, try to make the decision to do so within the first two weeks. You will receive a full refund on tuition for that class only if you drop it by the second week of school. After that, there is no refund. Sad but true, there is no way around having to go to these offices.

Also, remember that if you decide not to continue a class, you must officially drop or withdraw through administration. Do not assume the instructor will automatically drop you. We all know what ass-u-me means. This will

save you the shock of receiving an "F" for the class and having to go through the two-line process mentioned earlier; and petitioning to change a grade is even more time consuming. When you do drop a class, you must request a refund from the Business Office. They do not send out refunds unless you personally come and ask for it.

So, now you know exactly what to do in order to drop and add classes. It is strongly recommended to take advantage of STEP if possible. A District-wide program, STEP is relatively new at Valley College, it began last fall, and has made the process of changing class schedules much more simple and convenient. The procedure for using STEP is outlined in the Fall '96 Schedule of Classes on page four. For those of you who do not have a schedule in front of you, the numbers to call are (818)988-2222 or (213)689-8888 or (310)605-0505. It is an automated system and operates Monday through Thursday from 9 a.m. to 8:30 p.m.; Friday 9 a.m. to 4 p.m.; Saturday and Sunday from 8:30 a.m. to 8:30 p.m.

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Right to Counsel

The 10 most important aspects of starting your college education, from a counselor's point of view

By JOHN TARR
EDITOR IN CHIEF

New and returning students come to Valley College for a variety of reasons the most obvious of which is to learn. These days however, college can be overwhelming with all the changes a student must become accustomed to and all the decisions a student is faced with.

As hard as it is to plan a work-

computers. Students can bring their own 3.5 inch diskette, type a paper for class and print it free of charge.

4. The series of Counselor's Workshops being offered this semester in which a student can spend one hour learning about the various facilities and services the college has to offer. A student can obtain information on a wide variety of academic issues including, being a student athlete, trans-

7. Make an appointment with a counselor every semester. The counseling office is located in the Admissions building and is open Monday thru Thursday 8 a.m. to 7 p.m. and Friday 8 a.m. to 2 p.m. The average appointment is about 30 minutes and during that time students are encouraged to discuss anything which may be troubling them from general education requirements to career goals and transcript reviews.

8. Library Orientation (see article, Is Knowledge Blind? this issue) is designed to show students the various methods of topical and specific research available. "The librarian is the most helpful tool in the library," said Reed. "They are the key. If you need to know something, they will help you." The library is all about utilizing resources.

9. College Calendar. There is a current calendar in the Fall 1996 schedule of classes on the inside front page. Reed suggests students familiarize themselves with important dates such as the last day to add, last day to drop, vacation, mid-terms and finals. College courses have a tendency to end all too quickly and it becomes necessary to remain aware of upcoming events.

10. The Matriculation Process. Matriculation is a state mandated process which students are encouraged to go through in order to become aware of and familiarize themselves with orientation, registration and counseling. The process also answers such questions as, does this course have a

fering, the honors program (TAP) and Puente. There will be approximately 15 counselor workshops in the Fall 1996 semester allowing 35 students per session. A recent workshop was entitled "Becoming a Successful Student".

5. The Personal Development courses offered in the Fall 1996 schedule of classes. A Personal Development course familiarizes students with the campus and provides an overview of steps students can take to become successful students. These courses



Counselors waiting to help students. (L-R) Fay Dea, Bruce Thomas, Ann Chun, Louie Garcia, Synthia Salthoun.

able schedule around classes which are still open, the college experience would not be complete without realizing the value of the 10 most important aspects of the college experience compiled by Counselor Reggie Reed and Counseling Department Chair Synthia Salthoun.

1. The Learning Center (see article, Stairway to Learning, this issue) is where students will find an organized support system offering a variety of services including access to the PLATO computer system, group tutoring, math tutoring and the non-print library of the college. The Learning Center is designed for individualized instruction supplemental to the classroom.

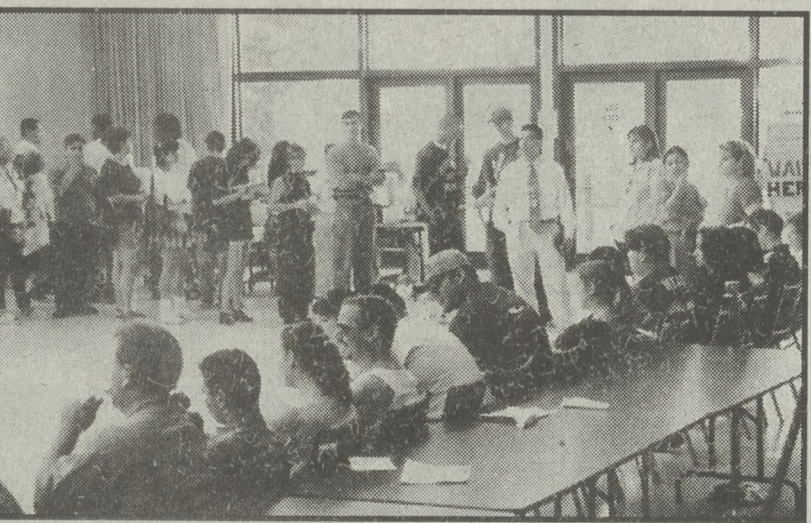
2. The Math Lab located in room 106 of the Math Science Building. Tutors are available to help any student with any mathematical problems. "Lots of people have problems with [Math] 115," said Reed. "Going to the Math Lab brings out the student's confidence."

It is not difficult to fall behind in a math class but a math tutor can pinpoint trouble areas and use various learning techniques in a one-on-one learning environment.

"Tutoring builds the foundations," said Reed. "You can't run until you learn to walk."

3. The Writing Center (see article, Write the Right Way, this issue) located in room 101 of the Humanities building where, along with Valley College tutors, UCLA English majors provide tutoring free of charge. Students can achieve drastic improvements in their writing because the one-on-one atmosphere allows the tutor to take time, bring out the student's success and build confidence.

Next door to the Writing Center is a computer lab in H102 equipped with 30 Macintosh SE



Students waiting in line to register also have an opportunity to speak with counselors on the spot.

are taught by counselors who are able to answer almost any question concerning the campus or its operation. A few of the subjects covered in a Personal Development course include time management, study skills, educational planning and library usage.

6. The Career/Transfer Center located in the Admissions building next to counseling. This center offers students an opportunity to find information regarding transferring and careers using both the Eureka computer system and career tests including, COPS, Strong and Meyers-Briggs. Hours are Monday thru Thursday 8 a.m. to 7 p.m. and Friday 8 a.m. to 2 p.m. Walk-in appointments are available.

prerequisite, where and when can I take the placement test, what is a directory card?

* * * * *

Having recently taken a Personal Development course this summer and observing a counselor in action, it is my recommendation to new and continuing students that they make an appointment with a counselor as soon as you can to decide upon an educational goal or scrutinize an existing one and make a friend of your counselor. Counselors are here to help you, the student, in any way they can. Believe it or not, they actually enjoy answering those questions you thought were too silly to ask.

Burbank Blvd. Eats

By NICOLAS P. ZGRADIC
COPY EDITOR

Okay, you just came out from some early morning classes and you bolted out the door so quickly that you forgot to feed your stomach. Now you are hungry. Where do you go?

Of course there are cafeterias on campus but sometimes you want something a little more unique. Maybe not even something unique but different or more appetizing.

Well, in case you did not know, there are a host of places to go that are within walking distance of Valley College to fulfill your craving, no matter what it may be.

Should that craving be coffee, find your way to a small establishment located next to Kinko's on the corner of Burbank and Fulton called Book Grinders.

To put a description of this place in a nutshell, it is a bookstore/coffee bar that offers all of the basics plus the added touch of being able to browse at their merchandise while enjoying a cup of joe.

The best thing of all is that a good sandwich and drink can make a decent meal and it is all fitted to the student's budget. On top of this, show some proof of student ID and receive an additional 10 percent off anything in the store including books. Instructors get a 20 percent discount on anything in the store.

Now, right next to Book Grinders is the good old reliable place we know as Subway. Students can get a 10 percent discount here as well. However, that only applies to sandwiches and nothing else. This discount cannot be counted toward drinks, chips, cookies or any other condiment and cannot be used with any other coupon or special offer.

Across the street, a little further down, lies two other places to rid yourself of the munchies. Those places are Sharkey's, a Mexican Grill; and Thai Chi, a Thai restaurant.

Sharkey's provides everything the Mexican food lover could want. This is further enhanced with the environment that the owners provide. Do not feel bad about eating at Sharkey's in fear of too much fat because the food is rated as healthy and the prices do not hurt either.

Thai Chi is slightly more expensive on some areas of their menu but the tempting meals that are made available will help you forget about that in no time.

So, do those generic doughnuts and watered down coffee that can be obtained at your campus cafeteria still sound like the meal you want for the rest of the semester?

If they do not, you have made a wise decision. If they do, give the places I mentioned a chance and expose yourself to the quaint restaurants in our immediate vicinity.

Investment in Your Future



Editorial

one. You can do this by contacting the Associated Student Union (ASU) in Monarch Hall.

Take advantage of the diverse opportunities available to you. We hope it does not come as too much of a surprise but college is an institution of higher learning. Get involved in campus activities, in addition to your classes, you will automatically enhance your education. You (or your parents) are certainly paying for a college education why would you not want to get the most out of it.

We do realize that the majority of students hold down at least one job to pay their way through college. Now, be honest with yourself, the truth is that most of us are currently busting our butts doing something which is far from related to anything we would consider as a future career. If you approach your education with the seriousness you would give your ideal job, you will ultimately get back what you put into it and more!

In the real world it is difficult enough to find the ideal job. Hopefully along with your education you will learn practical virtues like patience (from waiting in long lines), determination (from waiting in longer lines), and honesty (from not letting people cut in front of you in long lines).

No one can promise that what lies ahead will be an easy task. Getting educated is tough and you must have a backbone to go through with it. It is a growth process. And nobody can promise that with a degree you will be bombarded with job offers the day of your graduation. Who knows, by then you might be headed in a totally different direction than you are now considering. But some things remain the same, perseverance *always* pays off.



By MONICA LID
OPINION EDITOR

If you happen to have a decent opinion or just a bold statement you would like to make, whether your heart burns strongly for a particular case, or there is something you just cannot keep to yourself, we the staff here at the Valley Star would love for you to drop

us a line. And don't forget that if you have any questions or comments regarding our coverage of the campus or our opinions, positive or not, feel free to let us know. Remember, the Valley Star is a student forum, take advantage of it.

Letters received will be printed in the upcoming editions of the Valley Star but we reserve the right to edit obscene material as well as the rights described in the disclaimer box below.

Drop your "Letter to the Editor" at the Valley Star Bungalow #25, or at the Admissions building in the box labeled "On Campus Mail." Looking forward to hearing from you, it's been a while.

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★ LETTERS ★ LETTERS ★ LETTERS ★ LETTERS ★ LETTERS

The Valley Star will receive and, if possible, publish letters from its readers. The Star reserves the right to condense all letters for space considerations. Submitted letters should be limited to 350 words. Letters are subject to editing if they are obscene, libelous, or make racial, ethnic, religious, sexist, or sexually oriented denigrations. Letters must be signed and include student's ID number. Letters may be dropped at the Valley Star Bungalow 25, by Monday morning for the following Thursday.

Pardon Me, But is There A Mr. Spielberg in the House?

By ADAM ADLER
NEWS EDITOR

Most everyone is familiar with the end of the school year routine. Students wrap up their classes, set up study schedule for finals, pick out summer school classes, plan vacations and, for those who went all the way, walk down the isle and receive their diplomas.

However, there is a group of students from a few selected classes that have a whole semester's worth of work come to one dramatic focal point. The students from the Cinema Arts classes, now their own department, get to have their own films premiered in a public film screening.

All the student's blood, sweat and tears came into one night. After all their work, the planning, paperwork, budgeting, shooting, editing, revising, and more editing, the final product was shown on screen.

All the student films from the Fall and Spring Semesters were shown. They also had a montage of old refreshment stand and coming attraction cartoons in memorial of the Winnetka Drive-In, the last Southern California drive-in.

The Beginning Motion Picture Production Workshop had one minute movies shot on Super-8 mm film done as commercials and public service announcements, real or imaginary. The Advanced Cinematography and Creative Techniques class showed their film of effects. Techniques in-

cluding lighting effects such as studio work and outdoors at night, special effects like smoke and split screen work and various animation effects. The Advanced Motion Picture Production Workshop did one-minute PSAs for real non-profit organizations done on 16 mm film with original music and a separate sound track matched to the film. Advanced Workshop II, having only one film being the most advanced class, featured *The Phone* by Sean Wilson, a short comedic movie done on 16 mm film with a synchronized sound track and dialog done directly on the film track.

"It's Interesting to see what is happening culturally out there in the society at large," said Joe Daccorso, head of the Cinema Arts program, "and the popular media, television, commercials, fashion, music and motion pictures and see how that affects students awareness of things such as subject matter."

He commented that there has been an increase in students using AIDS as a film topic, a change from 10 years ago. Daccorso also said that the popularity of a particular movie or show will determine the number of students that will try and spoof or parody it.

The Cinema students do a colossal amount of work for their film during the semester. Most of them said they did over 100 hours of work for the cinema class alone.

Before they are approved for shooting the students have to script, storyboard and budget their

films as well learn how to use the equipment.

After casting, finding locations or sets and finding or building props, the film is shot. Next, the film is edited and the sound and music are edited and added to prepare and make the final cut. Every step in the process has to be recorded in a production note



book.

Students "wear all the hats" for their project. They are the writers, directors, producers and in many cases, actors, cameramen, gaffers and grips. Throughout the process, the class critiques each other's work. The class also includes regular test and academic work.

Real life work skills are stressed during the course. Letters have to be written to record companies to obtain permission to use copywritten music. Actors, amateur or professional, have to

sign release forms to give permission for their images to be used.

In the advanced workshops student filmmakers have to contact and work with real non-profit organizations to produce a PSA for them.

One student in the Basic Workshop, Gerald Hapeman, who did *Simplicity* a commercial for a

cent comes from class participation.

The screening had a wide range of topics ranging from the serious to the silly. *Ventilator 2000* by John Hendricks took First Amendment rights to the extreme, advertising a fictional assault rifle that would make Arnold Schwarzenegger blush.

Schnauzers List by Matthew Kaufmann used parody to emphasize the serious topic of pet adoption, the typing terrier was the Coupe de Resistance.

Date rape by Stephen Boelter was a serious look at date rape with no frills, just scary facts. *Old Time Radio* by Robb Wolford did a straight commercial for tapes of old radio serials with *The Shadow* watching in the background.

Got Milk? by Aubrey West was a testament that humans should not drink someone else's glass of milk in an alien cantina.

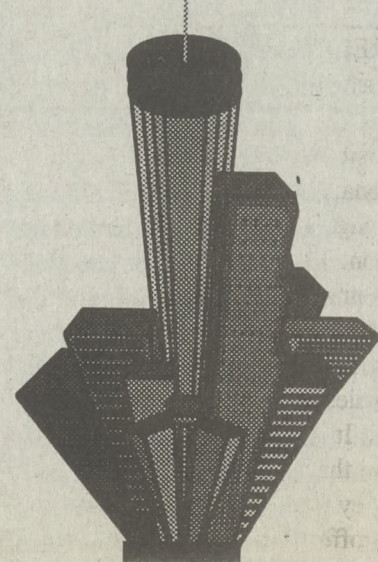
The one film from the Advanced Workshop II, *The Phone* by Sean Wilson, had the privilege of having a 12 minute time limit and no set format. It features a night in the life of a man trying to keep his life from toppling over the brink.

He comes home from his nowhere job to his tiny starter apartment. Between keeping his landlord and creditors off his back he finds a message on his machine about the perfect job he has been waiting for. His new employer said that he would call him back that night and the rhapsody begins.

Wilson was very happy with his

film and his work in the program. He said, "It feels great because now I have something that I can build my reel with. I've got my 10 minute film. I've got my one minute that I did. My 501 Project that I did was also one minute, so now I've got 10, 11, or 12 minutes that I can show people. I can really build a reel with this."

When the lights came up I was surprised to find myself in a theater. So the names of the movies were not up on a big marquee or chosen by the Academy. Maybe it was the rough amateur cut of some of the films but I had been drawn in so much by the films it felt like I was hanging out at my friends den late on a Friday night. So there were no *Independence Days* or *Forest Gumps* shown. Who cares? The movies shown were a little part of a bigger dream of some film students that had their first screening.



Stairway to Learning

By JOHN TARR
EDITOR-IN CHIEF

Behind an ominous looking door at the bottom of a staircase on the south end of the Campus Center lurks Room CC-1, an obscure, little-known section of Valley College in which students can find a storehouse of knowledge and help.

Learning Center Director Richard Holdredge is captain of a ship set sail upon a sea of ignorance. His mission: enlighten, tutor and help new and continuing students. The process: in an environment designed to aid students on a self-instructed basis, staff members guide students on their quest for knowledge.

The goal of the Learning Center is "To provide a learning environment for the optimal use of self-paced, individualized instructional media (supplemental to classroom instruction) and for one-to-one contact with instructors or student tutors," according to a Learning Center fact sheet.

The Learning Center is the non-print library of Valley College with thousands of instructional programs available. The center has audio tapes, video tapes, slides, programmed books and tutorial computer software available for use on nine PLATO computers.

PLATO is a computer tutorial specializing in English, mathematics and a few other subjects. Of the programs PLATO has to offer two varieties are available: one designed to help students pass the GED; the other is designed for adults seeking to improve their language and math skills.

Perhaps, of the many interesting items and services to be found in the Learning Center, the most interesting are the speech audio tapes recorded by Dr. Adrienne

Zahler and Pat Calder of the Speech Department.

These tapes provide individualized instruction to improve verbal skills including: proper pronunciation, sounds and intonation. What makes these tapes unique is the second voice.

As you listen to the tape a voice asks you to repeat various sounds and letter combinations into the microphone attached to the headset. Upon rewinding the tape and playing it the listener will discover a second voice on the tape, their own. This feature is designed to allow students to speak along with the tape and later be able to compare their pronunciation with the instructor's.

For students who are unable to listen to an entire audio cassette while at the center, a high-speed cassette duplicator is available for making copies of most Learning Center audio tapes. Bring a high-quality name-brand tape suitable for high-speed copying.

In the Learning Center, a wide variety of material is available to students in an attempt to match the wide array of learning styles employed by students. The Learning Center teaches new learning techniques in the areas of reading, time management, test-taking and study techniques to students through tutoring groups and informational handouts.

On the test-taking handout there are seven tips for taking an objective exam, five tips for a problem-solving exam and 11 tips for an essay exam.

The Learning Center fact sheet also states that a Disabled Students Services Center is included in the Learning Center. "Two rooms are set aside to provide DSP&S support services for eligible students with physical or

learning disabilities. Services include reading, writing, un-timed test taking and more on an individual basis."

There are also courses for credit taught in the Learning Center including English 64 A, B and C; Education 5 A, B and C; Speech lab courses 61/62 and 113; and Developmental Communications 22 A-E. These are self-paced individualized courses geared toward improving language skills.

Holdredge said, on the fourth week exclusion roster given to instructors there is an early alert box instructors can check for students they feel could benefit from counseling, tutoring and consultation. Letters are sent to students from the Los Angeles Community College District informing the student of their early alert status.

Being listed on the early alert program is not quite as bad as it sounds. It means the student is now eligible for other forms of tutoring and instruction.

"Look at where you are in your college career," Holdredge said. "There is always room for improvement."

Though perfection can never be attained, those students in search of it should stop by the Learning Center and pick up a few tips whether it be from a video tape, audio tape, computer or real-live human being.

All Valley College students are eligible to use the Learning Center but you must present your registration or current identification card to use any materials. Learning Center minimum hours: Monday thru Friday 9 a.m. to 3 p.m. and Monday thru Thursday 6 p.m. to 9 p.m.



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3. Clear a 30-foot circle around debris before lighting fire.
4. Keep shovel, rake and water nearby.
5. Don't leave fire unattended by an adult, even for a minute.
6. Consider alternatives to burning: composting, recycling, or hauling to a landfill.

REMEMBER, ONLY YOU CAN PREVENT FOREST FIRES.

Independence Day



By NICOLE CRIONA
SPECIAL TO THE STAR

If you have not already seen Independence Day, then I recommend you run out and see it right away, if for no other reason than just to say you have seen it when all your friends ask. But before you go, I have a few pointers that should help you really enjoy the movie:

Drink a cup of coffee before you go. The first half-hour of Independence Day is spent wandering around the world watching confused people squint at a pink-red cloud bank forming in the sky.

The second half-hour of the movie is spent wandering around the world watching people with their mouths dropped open in ut-

ter shock. The clueless denizens of various cities sit, wonder and wait (something you have to do as well) as the over-sized spaceships miraculously appear overhead.

Do not expect to find the next Star Wars. Star Wars had a decent plot.

Do not go hoping for great dialogue. Just about every sentence spoken in this movie was a catch phrase.

Go because you want to see the unbelievable special effects, especially the 14 thousand shots of buildings exploding and the chocolate chip-cookie-like alien spaceships. Seriously though, the special effects are nothing short of spectacular.

Go to see Wil Smith who has some pretty funny one-liners, Jeff

Goldblum who plays his usual absent minded scientist (but is always fun to watch), and Brent Spiner (Data from Star Trek: The Next Generation) as the Area 51 chief mad scientist (it is also very interesting to hear him speak using contractions).

If you liked the Indiana Jones movies, then you will love Independence Day. Some of the miracles that happen in this movie would give Indiana a good run for his money.

Special Warning - If you are the type of person who hates to see movies that you already know the ending to, do not watch this movie.

If you follow these tips, I guarantee you will have a wonderful time. Trust me, you will thank me later.

Some Music to Remember

By REBECCA FOWLER
ENTERTAINMENT EDITOR

Music, as defined in Webster's dictionary, is the science or art of ordering tones or sounds in succession. For many people music is the universal language that can break through age barriers, shatter color lines, and unite people regardless of their many differences. It is a means of communication that began centuries ago.

Valley College's Music Department offers students a chance to express themselves, learn the fundamentals of music, and even sharpen their already existing skills.

The program is headed by George Attarian, who said, "Whether you are a beginning student or a professional musician, our music department offers something for everyone."

Valley College offers programs in music for students wanting to transfer to a four-year university with a major in music. For students wishing to obtain training for careers in the music industry, there is the Commercial Music program.

The department offers a variety of performing ensembles, choirs and instrumental ensembles

for students and members of the community who want to expand their performing experience. In addition there are courses available for students who need to satisfy the Humanities requirement for their General Education classes.

Recently, the Music Department has expanded its Commercial Music program adding four new courses which include Computer Music Sequencing, Introduction to Electronic Music and Commercial Harmony I and II.

They have acquired six Macintosh computers and Korg 5D-X synthesizers so students enrolled in Commercial Music courses can work in the piano lab and learn to sequence their own projects. Music Room 112 is being remodeled into a professional level recording studio so students can have the experience of working in a real music industry environment.

Valley College offers students the opportunity to complete all their lower division requirements for a Bachelor's degree in music before transferring to a four-year university. The department offers courses in Harmony, Musicianship and History. They also provide training in solo and ensemble

performing.

Instructional Assistant Chauncey Maddren said, "We have the Listening Library with over 3,000 classical titles and a practice room facility with 10 rooms, each equipped with pianos, which are available to students enrolled in the music program."

There is a Thursday morning concert series open to all students, faculty and members of the community, as well as a full schedule of concerts many of which are free to Valley College students.

"We offer many groups such as Choirs, Orchestras and Bands of all types a chance to learn and perform most of the time without auditions. But performances demanding more advanced abilities may require an audition."

Whether you are a student who loves music and are interested in learning to play an instrument or if you are a music major required to take specific classes in music to graduate, Valley College's Music Department has a place for you.

Macarena Craze Hits Valley

It's not just a fad, it's the dance of the 90s.

By REBECCA FOWLER
ENTERTAINMENT EDITOR

"...Hey Macarena!"

Whether you are listening to the radio in your car, passing by a house with the music blasting, in a club or at a bar, chances are at some point you hear the lyrics to the song Macarena. Don't be too surprised if you see a dance to go along with the song.

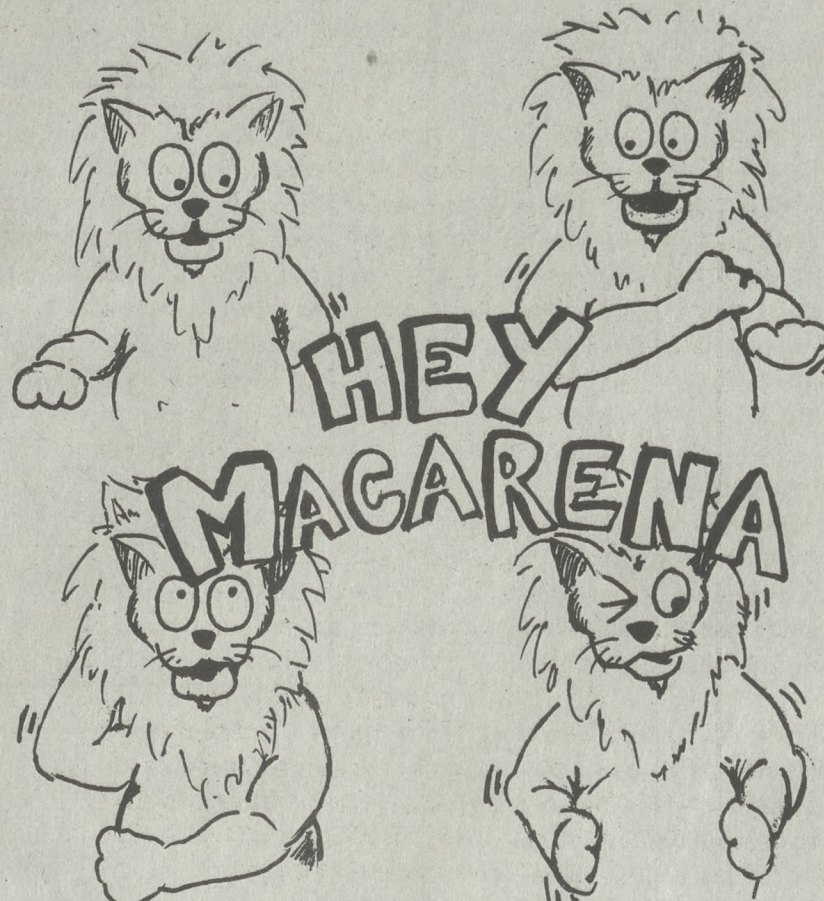
People from 3 to 63 years old are doing the Macarena, it is the most talked about, and the most publicized dance since the Hokey Pokey.

The US Womens Gymnastics Team performed it at the Summer Olympics. On Saturday August 17, fans participated in forming the longest dance line in history. At Yankee stadium 50,724 fans, players, managers and reporters broke the previous record of 27,555.

That record lasted for two hours; the same evening at Dodger Stadium 51,573 people participated in the Macarena line dance.

It is as fun as the Electric Slide and as daring as the Hustle. It is a dance that has people from all walks of life displaying their dance abilities. From California to New York and everywhere in between, the simple movements are easy to follow and fun to learn.

The song Macarena was originally recorded four years ago by a Hispanic group called The Del Rios. A few years later some DJs remixed it and by early 1996 the song was being played by radio stations everywhere.



The lyrics are in Spanish, and there are quite a few different stories circulating as to the meaning of the song, including: One of the members from the band The Del Rios fell in love with a dancer named Macarena, and wrote about her abilities to lure men through her dancing.

However, the dance the Macarena is not provocative, it is a cross between the Hokey Pokey, and the exercise Head, Shoulder, Knees, and Toes.

The original title Macarena belongs to a Patron Saint from Spain. She is the Saint of Protection.

The legend is that a bullfighter was severely gored during a bullfight and the people immedi-

ately began to pray to Saint Macarena to bring him deliverance. When he survived they gave tribute to her for hearing their prayer.

To this day, in Spain, before a bullfighter enters the ring he prays to Saint Macarena for protection.

Presently the hit song Macarena has nothing to do with bulls or bullfighters, it refers to a beautiful flamenco dancer. The lyrics of the song are enticing her to dance a dance of pleasure. The dance is catchy, yet not too sexy, and altogether a lot of fun. People everywhere, in malls, at baseball games, in parades and even in schools are doing the Macarena.

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Tryouts; Bye Bye Birdie

By REBECCA FOWLER
ENTERTAINMENT EDITOR

Tuesday, August 27, starting at 7 p.m. the Theater Department is holding open auditions for the Fall production, Bye Bye Birdie.

The auditions will be held in the main theater located in the Theater Arts Building. All students interested in auditioning need to bring their own sheet music. An accompanist will be provided.

Bye Bye Birdie is under the direction of Peter Parkin and being choreographed by Marjorie VanderHoff.

All students are encouraged audition.

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Monarch Air Joins Valley Heat

By BARRY BOSTAIN
VALLEY STAR STAFF WRITER

Are students aware that Valley College has a football program? Even more important, Valley College has one of the best teams in the country. Head Coach Jim Fenwick has a fantastic coaching record of 41-10-1 during his five-year stint here. The Monarchs have also played in three consecutive bowl games, coming out on top in two of the three matchups. What is the building block for such an impressive program?

"Valley pride," Coach Fenwick recently stated. "I want the players to know that they are involved in something special here."

For many, Valley College is a help in the matriculation process, serving as a vehicle in helping them go on to a four year school. Some of last year's stars have been awarded full scholarships to such well-known universities as UCLA, Iowa State, University of Houston and University of Minnesota. Obviously, the players success is something Coach Fenwick is very proud of.

With many of last seasons players moving on to bigger and better programs, this summer is continuing to be one of heavy recruitment of high school talents.

"The goal is to get the chemistry together with our returning players and our freshmen," Fenwick said. "We can't live on last year's glory. This year's team will have to create their own identity."

With no limit on the number of players on the roster, Valley College can try to absorb as much high school talent as they possibly can. A task that Fenwick and his offensive line coaching staff seem to have perfected.

Wide receivers and tight ends coach Rob Phenicie said that various Valley College quarterbacks have been voted Western State Conference offensive players of the year for each of the last four years. Those players have commanded a high-powered passing attack nicknamed, "Monarch Air." Graduating high school seniors from far and wide are attracted to Valley College's famed air attack.

Let us not forget Valley's defense. Defensive Line Coach Mike Scarpace likes to let people know that Valley College's overall defense was rated in the top 20 out of 70 junior and commu-

nity colleges in the state.

They are characterized by having an opportunistic style that causes many of their opponents turnovers. They also have a nickname they are quite proud of, "Valley Heat."

This balanced approach is the central theme behind the Monarch's success. Everyone is important, from the coaching staff, athletic training staff, equipment manager and of course, the players.

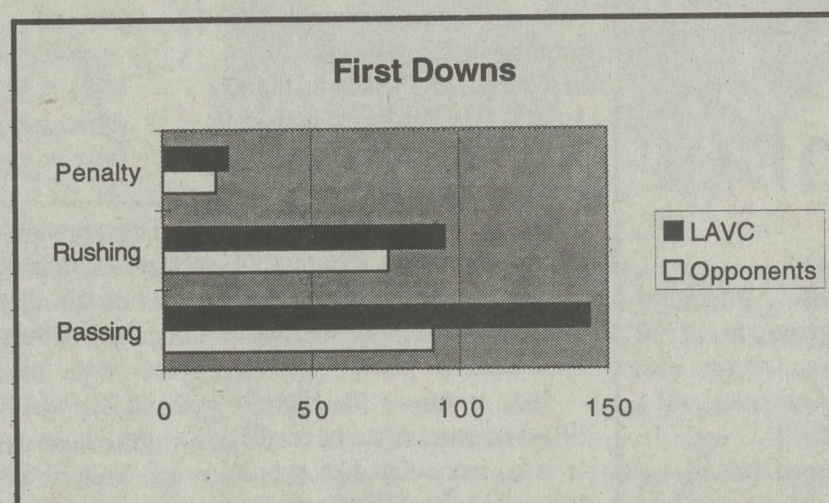
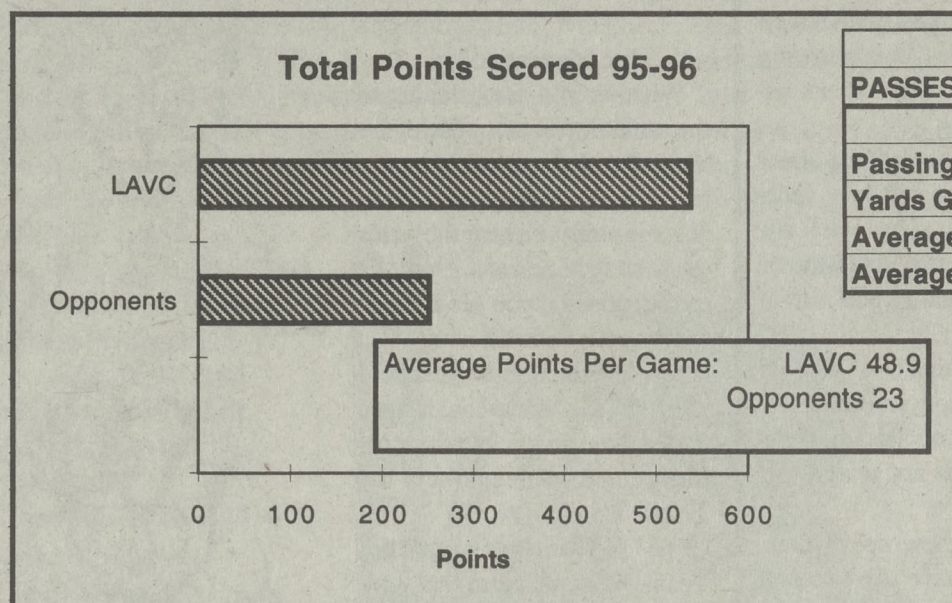
"Everyone has a role," Fenwick said. "Where you get better is in practice. So when we score a touchdown in a game, everybody should feel good. That's because everybody contributed."

And Valley College students can contribute as well. Get out there and support our top-ranked football team. You will enjoy yourself.

The Monarch's first game is at 1 p.m. on September 14, versus West Los Angeles at West LA. The Monarch's first home game is at 7 p.m. on October 5, versus Glendale.

MONARCH TEAM STATISTICS 95-96

11 GAMES



PASSES ATTEMPTED:		
	LAVC	Opponents
Passing Percentage	66.2	49
Yards Gained	3622	2176
Average Completion	13.6	13.1
Average Yards Per Game	329.3	197.8

RUSHES ATTEMPTED:		
	LAVC	Opponents
Yards Gained	2436	1751
Net Yards Gained	2187	1404
Average Rush	6.4	3.4
Average Rushing Per Game	198.8	127.6

TOTAL PASSING & RUSHING PLAYS:		
	LAVC	Opponents
	744	752

TOTAL YARDS GAINED:		
	Opponents	LAVC
Average Play	4.8	7.8
Average Per Game	127.6	198.8

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Music 165

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Music 231 & 232

Music Notation and Copying I & II
Music 241 & 242

Recording Arts Workshop
Music 265

Commercial Harmony I & II
Music 99B & 99C

Commercial Music Techniques I & II
Music 281 & 282

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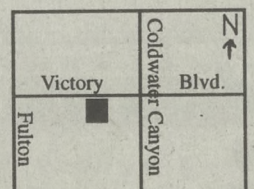
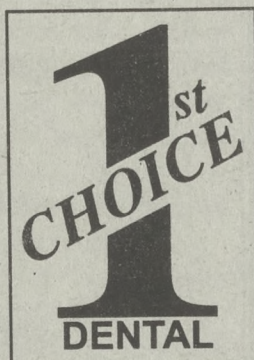
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Oral cancer screening
FREE ORAL HYGENE KIT
(Regular price \$185)

Not to be used in conjunction with insurance or other
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(Each arch - upper & lower)
We offer the most effective bleaching system.
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FREE Consultation
Clear & Metal Braces Available
Children and Adults Welcome

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